

# c o u n s e l i n g

## REFERRAL LIST

The names listed are merely informational. Nothing herein should be construed as any type of guarantee by Eastview as to the quality or success of services rendered.

As you inquire into options for therapy, here are some helpful tips or questions: Are they contracted with your insurance? If their fee is a hurdle, do they have a sliding scale (according to income) or payment options? Your wellness is important, so ask how / if they can work with you.

### *Group Practices*

#### **Agape Counseling | 309-663-2229 | [www.agapecounselors.net](http://www.agapecounselors.net) | Bloomington**

- Hallie Harmon, LCPC - Attachment issues, anxiety, adoption, trauma, depression
- Jenny Taylor, LPC - Life Changes, Anxiety, Depression
- Kelsey Trunk, LCSW - Autism, ADHD, anxiety, depression
- Lisa Montgomery, LCPC - Relationship issues, sexual abuse, divorce recovery, panic disorder

#### **Breathe Counseling | 309-831-9558 | [www.journeytobreathe.com](http://www.journeytobreathe.com) | Bloomington & Heyworth**

- Becca Marquart, LPC - Adult anxiety, depression, EMDR, polyvagal
- Laura Karr, MA, LCPC - 5-day trauma healing intensive retreats, complex trauma recovery
- Sara Thompson, LCPC - Unwanted relational patterns, anxiety, AEDP, polyvagal theory
- Tonya Bassett, LCSW - Trauma Intensive

#### **The Compass Counselors | 309-590-6788 | [www.thecompasscounselors.com](http://www.thecompasscounselors.com) | Bloomington**

- Ashley Frizzell, LCSW - Helping children, teens & women work through unhealthy patterns of living
- Bethany Gebur, PA-C / DMSc - Mental Health medication management
- Grace Longstreth, LPC - Depression, anxiety, adolescence, addiction
- Paul Meuth, LPC - Anxiety, depression, relationships, men's issues
- Jenifer Nibbio, LCSW - Codependency, boundaries, trauma, sexual abuse, divorce
- Jennifer Belle, LPC - Relationships, grief / loss, depression / anxiety, all ages
- John Freshour, LCPC - Men's issues, depression / anxiety
- Ken Martin, LCPC - Marriage, panic, fear, self-worth, addiction, men's issues
- Paul Meuth, LPC - Anxiety, depression, relationships, men's issues
- Stephanie Brown, LCPC - Anxiety, relationship issues, grief, parenting

#### **Integrity Counseling | 309-827-9100 | Non-profit counseling agency - Income based fee for service**

- Jennifer Moore, LCPC - We take clients in as an agency and then assign them to the counselor that fits best
- Kathy Case, LCSW
- Verneice Prince, MSW



**Truth in Love Counseling | 309-585-0241 | [www.truthinlovecounseling.com](http://www.truthinlovecounseling.com)**

- Adam Hayes, MSN , APRN, PMHNP-BC - Medication management of many diagnoses - MDD, GAD, OCD, PTSD, etc
- Barton Shaw, LPC - All ages, Anxiety, Depression, Trauma, Couples
- Carrie Bussmann, LCPC - Couples, Betrayal, Infidelity, Marriage Intensives
- Jay Cummins, LCPC - Helping men discern the truth about their past, EMDR
- Jordan Halpin, LCPC - CBT, DBT - Integrating a Christian world view into all her work; Teens, Adults, Mothers
- Kathleen Bush, PHD, LCPC - Family, Children, Attachment based work, Trauma
- Keith Studnicki, LCPC - Individuals / Couples, Anxiety, Depression, Grief
- Kevin Crutcher, LCPC - Neuroscience, Trauma of Children
- Phil Foster, PhD - Individual from youth to geriatric, Anxiety, Depression, BPD, OCD, Marital, Trauma/PTSD
- Shelley Bauer, LPC - Religious trauma, Abuse, Couples
- Susan Plezia, LCPC - Young adults, College age, Adjustment issues, Trauma, Physical disability

**Williams Psychological Services | 309-204-6766 | [williamspsychological.org](http://williamspsychological.org)**

- Dr Cedric Williams, PhD, LCP - Psychological evaluations & testing, brief couples therapy
- Hannah Williams, AMFT - Couples, families, individuals
- Ashlyn Wingate, MS - Academic achievement, cognitive/adaptive functioning
- Jason Sniff, LPC - Helping individuals navigate life's transitions & challenges

**Woodford & Associates | 309-431-4411 | [jasonwoodford.lcpc@gmail.com](mailto:jasonwoodford.lcpc@gmail.com)**

- Hollie Perez, LPC - Couples, addiction, anger, spiritual wellness, EFT, mindfulness-based sobriety
- Jason Woodford, LCPC - Anxiety, grief, divorce recovery, spirituality, men's concerns (ordained minister)

***Private Practice Counselors***

- **Alex Brucker, LCPC** | El Paso, IL | 815-905-1205 | [alexbruckercc@gmail.com](mailto:alexbruckercc@gmail.com)  
Individuals & families that have experienced trauma & are looking for hope & healing from a Christian perspective
- **Annette Larsen, LCPC, CSAT, CMAT** | 309-530-3439 | [larsenannette752@gmail.com](mailto:larsenannette752@gmail.com)  
Sex / Porn addiction, intimacy / partner betrayal, financial disorders/betrayal, couples seeking healing
- **Christina Burchette, PhD** | Hoffmann Burchett Psychological Services, LLC | 309-830-8099  
Trauma, depression, general issues, adults / young adults - no couples
- **Karen Lee, LCPC, CSAT, CMAT** | 309-826-2593 | [karen.lee.lcpc@gmail.com](mailto:karen.lee.lcpc@gmail.com)  
Sex / Porn addiction, betrayal trauma, affair recovery, EMDR, First Responders
- **Lola Lawal, LCPC** | Champions Heart Oasis | 309-261-9662  
Individuals (16 & older), couples, women and Christian counseling
- **Patti Ecker, LCPC** | 309-239-5420 | [Patti@PattiEckerCounseling.com](mailto:Patti@PattiEckerCounseling.com)  
Adults (18 & older), Anger, boundaries, trauma, anxiety, depression, grief / loss, EMDR
- **Wilma McLaughlin, LCPC** | Wilma McLaughlin Counseling & Mediation PLLC | 309-838-8634  
Relationships, Grief / Loss, Workplace concerns



## *Outside of Bloomington/Normal*

### **Agape Counseling | 309-263-5565 | [agapecounselors.net](http://agapecounselors.net) | Morton**

- Nathan Krahn, LCPC - Adult, anxiety, depression, domestic violence, relationship issues
- Greg Skibinski, LCPC, CSAT, CMAT, ADHD-CCSP - Addictions (Chemical:Process), CBT, RET

### **Life Balance Counseling | 309-676-0538 | [www.lifebalancecounselingpeoria.com](http://www.lifebalancecounselingpeoria.com) | Peoria**

- Alan Moreland, CSAT - Addiction: Gambling, Tech, Infidelity, Sex / Porn, Couples, Enmeshment
- Josh Williamson, LPC - Addiction, trauma, depression, anxiety, anger management, parenting
- Les Perera, AMFT - Couples, CSAT, Military
- Shelby Valadares, MFT - Marital / premarital, parenting, family conflict

### **Summit Family Therapy | 309-713-1485 | [summitfamilytherapy.com](http://summitfamilytherapy.com) | Peoria**

- Ryan Stivers, PhD, LMFT - Trauma healing, shame, recovery, marital & couple therapy, substance recovery
- Courtney Stivers, PhD, LMFT - Partners impacted by infidelity, spiritual & religious trauma, purity culture recovery

## *Community Resources*

- **The Baby Fold** | 309-452-1170 | Adoption preservation counseling
- **Neville House Hotline** | 309-827-7070 | Domestic abuse
- **Catalyst Ministries** | 309-200-8930 | Help for women in human trafficking
- **Stepping Stones (YWCA)** | 309-556-7000 | Recovery from sexual assault
- **PATH Crisis Hotline** | 211
- **ABC Counseling** | 309-451-9495 | Sexual behavior & adolescent trauma

## *Marriage/Trauma Intensives*

- The Smalley Institute | [www.smalleyinstitute.com/intensive](http://www.smalleyinstitute.com/intensive)
- Healing Within (Tonya Bassett's trauma intensives) | [www.healingwithin-recovery.org](http://www.healingwithin-recovery.org)

## *Certifications*

- Licensed Professional Counselor (LPC)
- Licensed Clinical Professional Counselor (LCPC)
- Licensed Marriage Family Therapist (LMFT)
- Licensed Clinical Social Worker (LCSW)
- Certified Sex Addiction Therapist (CSAT)
- Certified Multiple Addiction Therapist (CMAT)
- Eye Movement Desensitization & Reprocessing (EMDR)

